

Technology Mind Health

Topical Part:

- Technology and Human Development
- Digital Era and Mental Health

ESSAY COMPETITION AWARD 2025

AWARD

Essay Competition winners

The Right to an Analogue Life in a Digital Age

Are you a student or young thinker passionate about mental wellbeing, digital life, and human connection?

Do you have ideas on how we can restore balance in a world of 24/7 connectivity?

We invite YOU to take part in our international Essay Competition

Key-notes:



Christoph Wiederkehr (tbc)
Austrian Education Minister



Isiaka A. Imam
D-8 Secretary General



Charles Oppenheimer,
Oppenheimer Trust



Khaled El-Enany Ezz
UNESCO Secretary-General Candidate

27 November, 2025
12:00 – 15:30 (GMT)
Essay Competition Award ceremony

How to Submit:

Email your essay (max 1800 words) to:

✉ info@balkanyouthcooperation.com

with subject line: Essay Competition 2025

Include: Name, Age, School/University, Country

Deadline: 16 NOV 2025

Format: PDF or Word | Font: Times New Roman 12 | Language: English



Dr. KaT Zarychta

Need Inspiration or Guidance?

Explore our research on digital well-being, mental health and analogue recovery programs at: www.future-governance.org

Shape the future of AI, Technology, Mind, Health and global innovation.
Be part of a mission-driven global community from the very beginning.



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